

# DEJEUNER

Lundi 10 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Asperges vinaigrette         | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Entree mixee                 |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| PAUPIETTE DE VEAU FORESTIERE | X                   |           |        | X                  |           |                |                    | X    |       |            |          |       |          | X    |
| Coeur de blé                 |                     |           | X      |                    |           |                |                    | X    |       |            |          | X     |          |      |
| Epinards AB à la creme       |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| CREME DE GRUYERE             |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Fromage BIO affine paturon   |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Kiwi                         |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Poire                        |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pain                         |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

Mardi 11 Juin 2019

|                                    | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                       | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Carottes AB rapees a l'orange *v   | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Entree mixee                       |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Puree de pomme de terre SURG       |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                         |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pique nique salade composée - N° 3 | X                   |           |        | X                  |           |                |                    | X    |       |            | X        | X     | X        |      |
| PIQUE NIQUE THON                   | X                   |           |        | X                  |           |                |                    | X    |       |            | X        | X     | X        |      |
| ROTI DE BOEUF                      |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Haricots verts AB persillés        |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| ST BRICET                          |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| St nectaire 1.3kg                  |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Brioche orange AB                  |                     |           |        |                    |           |                |                    |      |       |            |          | X     |          |      |
| Crème caramel                      |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Pain                               |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

Mercredi 12 Juin 2019

|              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|--------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |

|                               |   |  |   |   |  |  |  |   |  |  |   |   |  |  |
|-------------------------------|---|--|---|---|--|--|--|---|--|--|---|---|--|--|
| Entree mixee                  |   |  |   |   |  |  |  |   |  |  |   |   |  |  |
| Mache et coeur de palmier     | X |  |   |   |  |  |  |   |  |  | X |   |  |  |
| Puree de pomme de terre SURG  |   |  | X |   |  |  |  | X |  |  |   |   |  |  |
| Repas mixe                    |   |  |   |   |  |  |  |   |  |  |   |   |  |  |
| Moelleux d'epinards au chevre |   |  |   |   |  |  |  | X |  |  |   | X |  |  |
| Saucisse de Toulouse grillée  |   |  |   |   |  |  |  |   |  |  |   |   |  |  |
| Puree de 3 legumes            | X |  |   |   |  |  |  | X |  |  |   |   |  |  |
| Cantal kg                     |   |  |   |   |  |  |  | X |  |  |   |   |  |  |
| Kiwi                          |   |  |   |   |  |  |  |   |  |  |   |   |  |  |
| Nectarine AB                  |   |  |   |   |  |  |  |   |  |  |   |   |  |  |
| Yaourt sucré                  |   |  |   |   |  |  |  | X |  |  |   |   |  |  |
| Pain                          |   |  |   | X |  |  |  |   |  |  |   |   |  |  |

## Jeudi 13 Juin 2019

|                                | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|--------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                   | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Entree mixee                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Puree de pomme de terre SURG   |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                     |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Saucisson a l'ail fumé         |                     |           |        | X                  |           |                |                    | X    |       |            |          |       |          |      |
| PIQUE NIQUE THON               | X                   |           |        | X                  |           |                |                    | X    |       |            | X        | X     | X        |      |
| Poisson crie sauce bonne femme | X                   |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Boulgour et petits legumes     |                     |           | X      | X                  |           |                |                    | X    |       |            |          |       |          |      |
| Brunoise de légumes persillée  |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| CREME DE GRUYERE               |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Banane AB                      |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Yaourt bio sucré               |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Pain                           |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

## Vendredi 14 Juin 2019

|   | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|---|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                                    | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Entree mixee                                    |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Puree de pomme de terre SURG                    |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                                      |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade jonglage-melon-tomate cerise-salade. ... | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Poulet de Nonac                                 |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Carottes vichy                                  |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Farfalles au beurre                             |                     |           | X      | X                  |           |                |                    | X    |       |            |          | X     |          |      |
| BRIE  |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| ST BRICET                                       |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Glace cône chocolat                             |                     |           |        | X                  |           | X              |                    | X    |       |            |          |       |          |      |





|                               |   |  |   |   |  |  |  |   |  |  |   |  |  |   |
|-------------------------------|---|--|---|---|--|--|--|---|--|--|---|--|--|---|
| Melon                         |   |  |   |   |  |  |  |   |  |  |   |  |  |   |
| Mesclun de salades            | X |  |   |   |  |  |  |   |  |  | X |  |  |   |
| Puree de pomme de terre SURG  |   |  | X |   |  |  |  | X |  |  |   |  |  |   |
| Repas mixe                    |   |  |   |   |  |  |  |   |  |  |   |  |  |   |
| Hachis parmentier - maison    |   |  |   |   |  |  |  | X |  |  |   |  |  |   |
| Salade indienne- plat vegetal | X |  | X |   |  |  |  |   |  |  | X |  |  | X |
| Carottes ab persillees        |   |  |   |   |  |  |  |   |  |  |   |  |  |   |
| Carottes persillées           |   |  |   |   |  |  |  | X |  |  |   |  |  |   |
| BRIE                          |   |  |   |   |  |  |  | X |  |  |   |  |  |   |
| CAMEMBERT PORTION             |   |  |   |   |  |  |  | X |  |  |   |  |  |   |
| Yaourt bio framboise          |   |  |   |   |  |  |  | X |  |  |   |  |  |   |
| Yaourt sucré                  |   |  |   |   |  |  |  | X |  |  |   |  |  |   |
| Pain                          |   |  |   | X |  |  |  |   |  |  |   |  |  |   |

## Jeudi 20 Juin 2019

|                               | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|-------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                  | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Entree mixee                  |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Oeuf dur mayo haricot coco    | X                   |           |        |                    |           |                |                    |      |       |            | X        | X     |          |      |
| Puree de pomme de terre SURG  |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                    |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade indienne- entrÉe       | X                   |           | X      |                    |           |                |                    |      |       |            | X        |       |          | X    |
| PIQUE NIQUE THON              | X                   |           |        | X                  |           |                |                    | X    |       |            | X        | X     | X        |      |
| Roti de porc                  |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade indienne- plat vegetal | X                   |           | X      |                    |           |                |                    |      |       |            | X        |       |          | X    |
| Macedoine en salade           |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Fromage blanc AB              |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Fromage blanc sucré           |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Fraises                       |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pain                          |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

## Vendredi 21 Juin 2019

|                               | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|-------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                  | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Entree mixee                  |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Puree de pomme de terre SURG  |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                    |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Tomates AB                    | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Poisson crie sauce ciboulette | X                   |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| CHAMPIGNONS PERSILLES         | X                   |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Spaghetti AB au beurre        |                     |           | X      | X                  |           |                |                    | X    |       |            |          | X     |          |      |
| CAMEMBERT PORTION             |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| ST BRICET                     |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |



# DEJEUNER

Lundi 24 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Entree mixee                 |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Melon                        |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| roti de porc sauce barbecue  | X                   |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Haricots verts AB persillés  |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Pommes de terre persillees   |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Salade nicoise               | X                   |           |        |                    |           |                |                    |      |       |            | X        |       | X        |      |
| EMMENTAL kg                  |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| ST BRICET                    |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Compote de pommes            |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Compote pomme Bio            |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pain                         |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

Mardi 25 Juin 2019

|   | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|---|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD  | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Entree mixee  |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Melon   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Mousse de canard au porto                           |                     |           |        | X                  |           |                |                    | X    |       |            | X        | X     |          |      |
| Puree de pomme de terre SURG                        |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe  |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade de riz madras AB                             | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| ROTI DE BOEUF                                       |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Roti de boeuf froid mayonnaise                      | X                   |           |        |                    |           |                |                    |      |       |            | X        | X     |          |      |
| Saute de boeuf a la carbonade                       | X                   |           |        | X                  |           |                |                    | X    |       |            |          |       |          |      |
| Chips   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Chou fleur AB persille                              |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Salade de pommes de terre thon mais tom - garniture | X                   |           |        |                    |           |                |                    |      |       |            | X        |       | X        |      |
| CREME DE GRUYERE                                    |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| EMMENTAL kg   |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Abricots BIO  |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Bavarois chocolat                                   |                     |           |        | X                  |           |                |                    | X    |       |            |          | X     |          |      |







# DINER

Lundi 10 Juin 2019

|                                       | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|---------------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage de vermicelle *v               | X                   |           | X      | X                  |           |                |                    | X    |       |            |          |       |          |      |
| Potage EHPAD                          | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG          |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                            |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)                    | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Sot l'y laisse de volaille a la crème | X                   |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Carottes AB et navets persilles       |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Fromage blanc sucré                   |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Plateau de fromages                   |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Compote de pommes                     |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pain                                  |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

Mardi 11 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)           | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Blanquette de saumon         | X                   |           |        |                    |           |                |                    | X    |       |            |          |       | X        |      |
| Chou fleur AB persille       |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Chou fleur persillé          |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| RIZ AB CREOLE                |                     |           | X      |                    |           |                |                    | X    |       |            |          | X     |          |      |
| CREME DE GRUYERE             |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Plateau de fromages          |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Pomme cuite                  |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pain                         |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

Mercredi 12 Juin 2019

|                               | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|-------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                  | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG  |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                    |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)            | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Moelleux d'épinards au chevre |                     |           |        |                    |           |                |                    | X    |       |            |          | X     |          |      |

|                        |   |  |  |   |  |  |  |   |  |  |  |  |  |  |
|------------------------|---|--|--|---|--|--|--|---|--|--|--|--|--|--|
| Epinards AB à la creme |   |  |  |   |  |  |  | X |  |  |  |  |  |  |
| Fromage blanc sucré    |   |  |  |   |  |  |  | X |  |  |  |  |  |  |
| Compote de pommes      |   |  |  |   |  |  |  |   |  |  |  |  |  |  |
| Poire au vin           | X |  |  |   |  |  |  |   |  |  |  |  |  |  |
| Pain                   |   |  |  | X |  |  |  |   |  |  |  |  |  |  |

## Jeudi 13 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage de vermicelle *v      | X                   |           | X      | X                  |           |                |                    | X    |       |            |          |       |          |      |
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)           | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Hure / diner                 |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Haricots beurre AB persilles |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Plateau de fromages          |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Mousse au café               |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Yaourt sucré                 |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Pain                         |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

## Vendredi 14 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage de vermicelle *v      | X                   |           | X      | X                  |           |                |                    | X    |       |            |          |       |          |      |
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)           | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Quiche aux poireaux          |                     |           |        | X                  |           |                |                    | X    |       |            |          | X     |          |      |
| Poireaux persilles           |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| CREME DE GRUYERE             |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Plateau de fromages          |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Kiwi                         |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pain                         |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

## Samedi 15 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)           | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Salade verte                 | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |



# DINER

Lundi 17 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)           | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Quiche maison au thon /plat  |                     |           |        | X                  |           |                |                    | X    |       |            |          | X     | X        |      |
| TOMATES A LA PROVENCALE      |                     |           |        | X                  |           |                | X                  | X    |       |            |          |       |          | X    |
| Plateau de fromages          |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Salade de fruits frais       |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Yaourt sucré                 |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Pain                         |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

Mardi 18 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)           | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| OMELETTE A LA CIBOULETTE     |                     |           |        |                    |           |                |                    | X    |       |            |          | X     |          |      |
| Coquillettes AB              |                     |           | X      |                    |           |                |                    | X    |       |            |          | X     |          |      |
| JULIENNE DE LEGUMES          |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Fromage blanc sucré          |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Ananas au sirop              |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Compote de pommes            |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pain                         |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

Mercredi 19 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage de vermicelle *v      | X                   |           | X      | X                  |           |                |                    | X    |       |            |          |       |          |      |
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)           | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Gesiers de dinde persillés   |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Céleri rave persillé         |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |

|                     |  |  |  |   |  |  |  |  |   |  |  |  |  |  |
|---------------------|--|--|--|---|--|--|--|--|---|--|--|--|--|--|
| Plateau de fromages |  |  |  |   |  |  |  |  | X |  |  |  |  |  |
| ST BRICET           |  |  |  |   |  |  |  |  | X |  |  |  |  |  |
| Salade d'oranges    |  |  |  |   |  |  |  |  |   |  |  |  |  |  |
| Pain                |  |  |  | X |  |  |  |  |   |  |  |  |  |  |

## Jeudi 20 Juin 2019

|   | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|---|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage de vermicelle *v                 | X                   |           | X      | X                  |           |                |                    | X    |       |            |          |       |          |      |
| Potage EHPAD                            | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Oeuf dur mayo haricot coco              | X                   |           |        |                    |           |                |                    |      |       |            | X        | X     |          |      |
| Puree de pomme de terre SURG            |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                              |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)                      | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Haricots verts AB persillés             |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Haricots verts en salade / garniture *v | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| CREME DE GRUYERE                        |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Plateau de fromages                     |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Compote de pommes                       |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pain                                    |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

## Vendredi 21 Juin 2019

|                               | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|-------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage de vermicelle *v       | X                   |           | X      | X                  |           |                |                    | X    |       |            |          |       |          |      |
| Potage EHPAD                  | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG  |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                    |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)            | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Jambon blanc torchon - plat - |                     |           | X      |                    |           |                |                    |      |       |            |          |       |          |      |
| Epinards AB à la creme        |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Banane                        |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Petits suisses sucrés         |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Pain                          |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

## Samedi 22 Juin 2019

|                              | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                 | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                   |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)           | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Poisson meuniere             |                     |           |        | X                  |           |                |                    | X    |       |            |          |       | X        |      |
| Courgettes ab persillees     |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |







|                               |   |  |   |   |  |  |  |   |  |  |   |  |  |  |
|-------------------------------|---|--|---|---|--|--|--|---|--|--|---|--|--|--|
| Salade (sous vide)            | X |  |   |   |  |  |  |   |  |  | X |  |  |  |
| Jambon blanc torchon - plat - |   |  | X |   |  |  |  |   |  |  |   |  |  |  |
| Epinards AB à la creme        |   |  |   |   |  |  |  | X |  |  |   |  |  |  |
| CREME DE GRUYERE              |   |  |   |   |  |  |  | X |  |  |   |  |  |  |
| Fromage blanc sucré           |   |  |   |   |  |  |  | X |  |  |   |  |  |  |
| Compote de pommes             |   |  |   |   |  |  |  |   |  |  |   |  |  |  |
| Pêche                         |   |  |   |   |  |  |  |   |  |  |   |  |  |  |
| Pain                          |   |  |   | X |  |  |  |   |  |  |   |  |  |  |

## Jeudi 27 Juin 2019

|                                     | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|-------------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage EHPAD                        | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG        |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                          |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)                  | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Salade de pommes de terre échalotes | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| ROTI DE DINDE                       |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade cuite - EHPAD                |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| CREME DE GRUYERE                    |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Plateau de fromages                 |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Banane                              |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Kiwi                                |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Pain                                |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

## Vendredi 28 Juin 2019

|                                | Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|--------------------------------|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
| Potage de vermicelle *v        | X                   |           | X      | X                  |           |                |                    | X    |       |            |          |       |          |      |
| Potage EHPAD                   | X                   |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Puree de pomme de terre SURG   |                     |           | X      |                    |           |                |                    | X    |       |            |          |       |          |      |
| Repas mixe                     |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Salade (sous vide)             | X                   |           |        |                    |           |                |                    |      |       |            | X        |       |          |      |
| Poisson meuniere               |                     |           |        | X                  |           |                |                    | X    |       |            |          |       | X        |      |
| Carottes ab persillees         |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Carottes et brocolis persillés |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| ST BRICET                      |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Compote pomme peche 100g       |                     |           |        |                    |           |                |                    |      |       |            |          |       |          |      |
| Yaourt sucré                   |                     |           |        |                    |           |                |                    | X    |       |            |          |       |          |      |
| Pain                           |                     |           |        | X                  |           |                |                    |      |       |            |          |       |          |      |

## Samedi 29 Juin 2019

| Anhydride sulfureux | Arachides | Céleri | Céréales contenant | Crustacés | Fruits à coque | Graines de sésames | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Soja |
|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|
|---------------------|-----------|--------|--------------------|-----------|----------------|--------------------|------|-------|------------|----------|-------|----------|------|

